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|  | **ACTIVITY – Working in cold conditions** |
| **INHERENT RISKS**  Hypothermia, dehydration (due to sweating under heavy clothing) Loss of dexterity and fine motor functioning. | |
| **LEGAL REQUIREMENTS (INCLUDING AUSTRALIAN STANDARDS)** | |
| **ADDITIONAL SAFETY REQUIREMENTS/MEASURES**  Have food and fluids available (including warm drinks).  Demonstrate and encourage warm up exercises  Rotate tasks to avoid prolonged exposure  Identify a shelter area for warm-up and other breaks  Encourage participants to wear layered clothing and windproof clothing  Wear a warm hat  Wear warm gloves | |
| **EQUIPMENT REQUIREMENTS**  Beanies/hats and gloves. Water bottles/thermos | |
| **PRE-REQUISITES**  Dress with layered warm and windproof clothing including hats and gloves  Waterproofs  Personal water/warm drink supply  Personal snacks | |
| **BRIEFING REQUIREMENTS**  Signs of hypothermia  Check that participants are wearing warm, layered and wind proof clothing, including hat. Identify location of shelters  Warm up exercises | |
| **ADDITIONAL PROJECT-SPECIFIC SAFETY PROCESSES/REQUIREMENTS**  List any additional safety measure you will be implementing specific to your project | |
| **RISK ASSESSMENT AND RATING**  **LIKELIHOOD CONSEQUENCE RATING** | |