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|  | **ACTIVITY – Working in cold conditions** |
| **INHERENT RISKS**Hypothermia, dehydration (due to sweating under heavy clothing) Loss of dexterity and fine motor functioning. |
| **LEGAL REQUIREMENTS (INCLUDING AUSTRALIAN STANDARDS)** |
| **ADDITIONAL SAFETY REQUIREMENTS/MEASURES**Have food and fluids available (including warm drinks).Demonstrate and encourage warm up exercisesRotate tasks to avoid prolonged exposureIdentify a shelter area for warm-up and other breaksEncourage participants to wear layered clothing and windproof clothingWear a warm hatWear warm gloves |
| **EQUIPMENT REQUIREMENTS**Beanies/hats and gloves. Water bottles/thermos |
| **PRE-REQUISITES**Dress with layered warm and windproof clothing including hats and glovesWaterproofsPersonal water/warm drink supplyPersonal snacks |
| **BRIEFING REQUIREMENTS**Signs of hypothermiaCheck that participants are wearing warm, layered and wind proof clothing, including hat. Identify location of sheltersWarm up exercises |
| **ADDITIONAL PROJECT-SPECIFIC SAFETY PROCESSES/REQUIREMENTS**List any additional safety measure you will be implementing specific to your project |
| **RISK ASSESSMENT AND RATING****LIKELIHOOD CONSEQUENCE RATING** |